



Pembrokeshire Coast, Wales **June 17 - 24, 2019**

The trip to the Pembrokeshire Coast of Wales begins and ends in St. Davids, Wales. You can fly to London or Cardiff, Wales then take the train to Haverfordwest, Wales. After the minimum of 10 reservations is reached we will advise you to make your air travel reservations. We will meet at St Davids Cross Hotel in St. Davids.

Trip Start: June 17, 2019 - St Davids Cross Hotel, St. Davids, Wales
Trip Finish: June 24, 2019 - St Davids Cross Hotel, St. Davids, Wales
Trip Length: 8 days, 7 nights
Trip Cost: \$2,750 per person sharing a room
\$2,990 for a single room

(Trip cost includes everything except airfare, 2 dinners, 1 lunch, beverages, and tips.)

Day by Day Overview

Monday, June 17 - Arrive in St. Davids, Wales, and check into St Davids Cross Hotel in the village center. (The bus stop is one block from the hotel.) Meet for drinks and trip preview with our guide Mick Brown in the hotel lounge at 6:30 followed by dinner in the hotel dining room.

- Lodging: St Davids Cross Hotel - <http://stdavidscrosshotel.co.uk/>
- Dinner together

Tuesday, June 18 - A day on Skomer Island, a British National Nature Reserve managed by the local Wildlife Trust where half a million seabirds breed annually. Among the inhabitants here are Manx shearwaters, guillemots, razorbills, kittiwakes, gulls and puffins! Skomer, 2 square miles in size, is a 20-minute boat trip from Martin's Haven. We will take a bus from St. Davids to Martin's Haven – 1 hour journey. Bring binoculars. 3-5 miles today.

- Packed lunch.
- Dinner together.

Wednesday, June 19 - Walk from the Cross Hotel to St. Non's Well and onto the Coastal Path. Our walk takes us past the shrine to St. Non (St. David's mother) then on to Porthclais harbor-William the Conqueror came into this harbor. Along the way we round the most westerly point of Wales. We will be seeing beautiful sea views, seabirds, old copper mines and earthen forts. At St. Davids Lifeboat Station we will turn away from the sea and back toward St. Davids. About 8 miles today.

- Packed lunch.
- Dinner together.

Thursday, June 20 - This is a relaxed day on your own to explore St. Davids. We will have a one hour cathedral tour in the morning (10:30). Enjoy a day of leisure to investigate the shops, read a good book, or take a walk.

- Lunch on your own.
- Dinner together.

Friday, June 21 - A local bus this morning to Porthgain and a look around the artists' galleries there before a walk through the harbor village and onto the coast. We will have wonderful views to the west as we follow the path by old quarries, (Blue Lagoon at Abereddy), badger sites, hill forts, and gull colonies; maybe even see some seals bobbing in the water. Our path takes us back into St. Davids. Today 9.5 miles.

- Packed lunch.
- Dinner on your own.

Saturday, June 22 - We will take the local bus to Pen-y-Cwm where we begin our short walk to join the coastal path. We have long views to the sea today and closer views of choughs and peregrine nest sites. Our lunch is at Solva Boat Club on the perfect harbor of Solva. You could take a little shopping time here if you choose and take the bus back into St. Davids or continuing on the coastal path— the afternoon walk follows a varied coastline taking us by an Iron Age hill fort, lime kilns, an old mill and maybe a surprise tea stop! Via Caerfai Bay, we are back into St. Davids. Today we have a series of steep hills that have many steps--you will be using your hiking poles a lot. About 8 miles today.

- Lunch today at Solva Boat Club.
- Dinner on your own.

Sunday, June 23 – A final day walking. Our aim today is St. Davids Head. A pre-historic burial chamber, Iron Age field system and hut circles are sites we will visit on this headland. Our walk back into St. Davids will be along the mile-long beach of Whitesands Bay watching out for orchids and butterflies. Or, at White Sands Bay, you may take the Celtic Coast bus back into St Davids for last minute shopping. Today 6-7 miles.

- Farewell dinner in hotel dining room.

Monday, June 24 - Breakfast and departure.

Please Note: The above schedule is subject to change due to weather or other circumstances beyond our control.

Flight and Airport Info

Getting to St. Davids—Fly from the U.S. to either London Heathrow, or Cardiff, Wales. From Heathrow take the Heathrow Express train to London-Paddington Station (costs 25 pounds and takes about 20 minutes).

<https://www.heathrowexpress.com/>

The train from London Paddington to Haverfordwest takes about 5 hrs. From Cardiff trains leave regularly for Haverfordwest, Wales. Cardiff to Haverfordwest takes about 2 hours. You can take a taxi (expensive!) or bus (# 411) from Haverfordwest train station to St. Davids (15 miles).

Regarding your return flight-you must arrive at the airport at least 3 hrs before flight departure to the US.

Weather: Mild spring weather with some rain likely.

Helpful Websites:

Hotel in St. Davids: <http://stdavidscrosshotel.co.uk/>

Train: www.nationalrail.co.uk

Haverfordwest-St Davids bus:

<http://www.richardsbros.co.uk/wp-content/uploads/2016/01/411-STDVIDS-HWEST-17-1.pdf>

Pembrokeshire Coast: www.visitpembrokeshire.com

www.pembrokeshiregreenways.co.uk

Wales: www.wales-calling.com

Reading:

One Small Wilderness – Roseanne Alexander (non-fiction) - 1992 (limited availability)

Waterfalls of Stars - Roseanne Alexander (non-fiction) – 2017 (may be a re-issue of *One Small Wilderness*)

Skomer: Portrait of a Welsh Island – Jane Alexander (non-fiction) – 2007

Pembrokeshire Coast – The Official National Park Guide – Alf Alderson (non-fiction) – 2001

Lonely Planet or Rough Guide to Wales (non-fiction)

Movies:

Dark Horse

Pride