



Lisbon and Evora, Portugal **May 3 - 12, 2019**

The trip begins in Lisbon and ends in Evora, Portugal. Fly to Lisbon where we'll spend 3 days. We'll take the train to Evora, a journey of 1.5-2 hours. After the minimum of 10 reservations is reached, we will advise you to make your air travel reservations. We will meet at the Hotel Lisboa Plaza in Lisbon.

Trip Start: May 3, 2019 – Hotel Lisboa Plaza, Lisbon
Trip Finish: May 12, 2019 – Hotel ADC (Albergaria Do Calvario), Evora, Portugal
Trip Length: 10 days, 9 nights
Trip Cost: \$3,100 per person sharing a room
\$3,350 for a single room

(Trip cost does not include airfare, Hotel Lisboa Plaza nights, train tickets from Lisbon to Evora to Lisbon, meals indicated as on your own, beverages and tips.)

Lisbon Hotel Reservations: On this trip you will be responsible for making your own hotel reservations in Lisbon. Once you have submitted your trip reservation, I will send you all the details for making the hotel reservations.

Day by Day Overview - Lisbon City Days

Friday, May 3 – Meet at 2:00PM in the lobby of the Hotel Lisboa Plaza for a half day walking tour of Lisbon. You have the morning free to explore on your own. <http://www.lisbonplazahotel.com/>

➤ Lunch and Dinner on your own.

Saturday, May 4 – We'll take a 20-30 minute bus ride to the historical district of Belem. Many of the great Portuguese explorers embarked on their voyages from here, including Prince Henry the Navigator, Ferdinand Magellan and Vasco da Gama. All are memorialized in Belem's Monument to the Discoveries. We'll visit St. Jeronimo's Monastery (15th century), enjoy the scenic waterfront views and treat ourselves to the special Belem custard tart. You'll have the afternoon free to explore on your own. Evening entertainment is a Fado music performance and dinner.

➤ Lunch on your own. Dinner together.

Sunday, May 5 – A one hour bus ride will take us north to the town of Sintra. Sintra, a UNESCO World Heritage site, is a town of marvelous historic mansions, all set against the backdrop of lush hills. We'll visit Sintra's National Palace where Portuguese royalty lived until the early 20th century. We'll slowly make our way back to Lisbon via the coast and the town of Caiscais, returning to our hotel mid afternoon.

- Tapas lunch included. Dinner on your own.

Day by Day Overview - Evora Hiking Days

Monday, May 6 – In the morning travel by train to Evora and then take a taxi from the train station to the hotel. We'll arrive in ample time to check into the hotel, get lunch and explore the town a bit. At 6:30 we have a welcome reception in the Hotel patio followed by a buffet dinner at the hotel at 7:30PM.

- Lunch together in Evora. Dinner together.
- Lodging: Hotel ADC (Albergaria do Calvario)
Travessa dos Lagares, 3 <http://adcevora.com/>

Tuesday, May 7 - Megalithic Trail. We take a bus from the hotel this morning to the Megalithic trail. Our walking takes us through a Holm Oak and Cork Oak Forest. This area is dotted by impressive granite boulders which, over 6,000 years ago, were used to build burial sites and magical cult sites. We will visit the Cromlech of Almendres and the Dolmen of Zambujeiro...the biggest in Europe. Time permitting we round out our cork oak journey by visiting a cork factory in the afternoon. Transport back to our hotel. Distance today: 8 miles; Elevation: mainly flat with a few small hills.

- Picnic lunch. Dinner together.

Wednesday, May 8 - Evora town tour. Today we have a guided tour of the UNESCO World Heritage city of Evora. We will visit the historical center of this walled city. Evora was an important trading and religious center which is reflected in its buildings and monuments: The Roman temple (the best preserved Roman structure on the Iberian Peninsula), Capela Dos Ossos (the Chapel of Bones) and the main square of Evora which was the site of many executions in the Spanish Inquisition of the 16th century. As we are already in the town center you are on your own for lunch and a free afternoon.

- Lunch on your own. Dinner together.

Thursday, May 9 - Castelo de Valongo. Today, enjoying gorgeous views along the way, we walk along the lovely river, Degebe. After our picnic lunch our destination is the surreal castle of Valongo. Surrounded by vineyards, the castle was built in 1283 and is now a National Monument. The castle is not open. Our bus meets us to takes us to visit Ervideira, one of the area's fine wineries. Get ready for an unusual experience of wine tasting (<http://www.wonderfulland.com/ervideira/>). Not to spoil the surprise for you, but a blind tasting is part of the challenge! Distance today: 8 miles; Elevation gain 500 ft.

- Picnic lunch. Dinner on your own.

Friday, May 10 - Monsaraz. Today our destination is the medieval fortified village of Monsaraz. Sitting high on a hill and near the border with Spain, its white houses with red tile roofs can be seen from a distance. Our walk takes us on tracks gradually climbing to the village gates. Monsaraz is car free, has narrow streets and tiny village squares. It has remains of a castle, a bullring and many interesting shops and cafes. From Monsaraz we have spectacular view of the surrounding landscape. We will visit the village then have free time to walk around on our own or shop.

Distance today: 7 miles; Elevation gain 450 ft.

➤ Picnic lunch. Dinner on your own.

Saturday, May 11 - Silver Water Aqueduct. This morning we walk along the town aqueduct. It was built in the 16th century to solve water shortages in the city. Our route is through beautiful scenery of the Alentejo plain with its small farm holdings. At lunch time we arrive to our guide's farm and are treated to a gourmet picnic lunch! Afterwards we are returned to Evora for last shopping and preparation for tomorrow's departure. Return by bus to our hotel. Distance today: 6 miles; Elevation is mainly flat.

➤ Picnic lunch. Farewell dinner together.

Sunday, May 12 - Breakfast and departure.

Please Note: The above schedule is subject to change due to weather or other circumstances beyond our control.

Flight and Airport Info

Getting to Portugal—Fly from the U.S. to Lisbon, Portugal. American Airlines and United have direct service to Lisbon from several US East Coast cities.

Getting to Hotel Lisboa Plaza - In front of the Lisbon Airport is the Aerobus to the City Center. You can buy the ticket (3-4 Euros) on Aerobus 1 (leaves every 20 minutes). Avenida Liberdade stop is less than 5 minutes' walk from Hotel Lisboa Plaza. The bus takes about 20-30 minutes from the Lisbon airport to the Avenida Liberdade stop. You can also take a taxi from the airport (about \$30 depending on time of day/traffic).

<https://www.aerobus.pt/en-GB/Home-2.aspx>

Getting from Lisbon to Evora – While in Lisbon we'll stop as a group at a train station to buy our tickets from Lisbon Sete Rios station to Evora. We'll take a morning train from Lisbon to Evora on Monday, May 6 and return from Evora to Lisbon on Sunday morning, May 12. Roundtrip ticket prices range from \$16-\$25.

Weather: Mild spring weather with some possible rain. Daytime temps are low 70's F and nights are low 50's F.

Helpful Websites:

Hotel in Lisbon: <http://www.lisbonplazahotel.com/>
Hotel in Evora: <http://adcevora.com/>
Belem: <http://www.visitbelem.pt/Default/en/Homepage>
Evora information: <http://www.evora-portugal.com/index.php>
Train: <http://www.cp.pt/passageiros/en/train-times>

Reading:

The Portuguese—Barry Hatton (non-fiction) - 2011 (excellent!)

Rick Steves Guide and the Lonely Planet Guide -- travel guides with good information

Skylight - Jose Saramago (fiction) - 2014

Isabella: The Warrior Queen—Kristin Downey (historical fiction) -2014

This Gulf of Fire (The Destruction of Lisbon 1755) – Mark Molesky (non-fiction) 2015

I have read positive reviews on the following titles, but I have not read the books. I will continue to look for good reads on Portugal. Please share with the group any good titles you find.

The Return of the Caravels and The Inquisitor's Manual - Antonio Lobo Antunes (fiction) - 2003

Night Train to Lisbon—Pascal Mercier (fiction) - 2008

Raised from the Ground—Jose Saramago (fiction) - 2013

The Children's Section of your local library offers good books on Portugal; Henry the Navigator, Vasco de Gama. (I am suggesting this as I don't find adult books very available on the explorers.)

Lisbon Restaurants– Places to Eat very near Hotel Lisboa Plaza – the hotel can make reservations for you.

Restaurante As Velhas – Rua da Conceicao da Gloria 21 - <https://asvelhas-restaurante.business.site/>

- Small family run, reservations recommended/usually required; delicious food and very good service, A Karen Davis favorite

Restaurante Sancho – Travessa da Gloria 14 - <http://www.restaurantesancho.com.pt/default.htm>

Quermesse Restaurante – Rua da Gloria 85 - <https://www.facebook.com/restaurantequermesse>

A Gina Restaurante – Parque Mayer (just behind Lisboa Plaza Hotel)